



Aspirations Newsletter

February 2010

Message from Jeff

Greetings, everyone, and Happy New Year! I want to welcome our newest members to Aspirations. Group 21 started on Tuesday, January 26. Please take a moment to contact our new members and make them feel like a part of our family.

Michael Bingham: 217 St. Christopher Lane, Whitehall, 745-1554

Cody Blackwell: 4193 CR 58, Coshocton, Ohio, (330) 340-7704,
cody4uno@yahoo.com

Colin Byrum: rpgadvocacy@yahoo.com

Mallory Long: 4147 Glenmaur, Columbus, (614) 263-1130,
m214smiles@yahoo.com

Jeffrey Parks: 4231 Farr Ct., Grove City, (614) 580-8684,
jeffparks15@yahoo.com

Ceith Purifoy: 4881 Elmont Place, Groveport, and (614) 830-0445, Mom's
Email: cfrankli@columbus.rr.com

Jake Richard: 183 E Blake Ave, Columbus, 261-8496,
richardofcolumbus@gmail.com

John Richardson: 4430 Hunter Lane Drive, Powell, OH 43065, (614) 746-1368,
maverick@columbus.rr.com

Save the date!

Our next Recap is coming up...

Games night

Wednesday, February 3

Nisonger Center

6:30 to 8:00 pm

Please RSVP to Jeff at siegel.45@osu.edu

Parents: Meet in room 243. Attorney Ned Segelken will discuss Estate Planning for parents of children with special needs at the next Parent RECAP Meeting. This will be especially relevant for parents of children who are eligible for SSI (Supplemental Security Income), SSDI (Social Security Disability Insurance), and CBDD (County Board of Developmental Disabilities). Attorney Segelken is a partner at the firm of Porter Wright Morris & Arther LLP. His biography is at <http://www.porterwright.com/attorneys/attorneyprofile.asp?attorneyid=158>.

Thanks to Orion Burn's mom, Sue Schaeffgen, for arranging Mr. Segelken's presentation.

RSVP to Jody Kramer at; JKRAMER0007@columbus.rr.com.

Recap: New Years party @ BJ's

On Wednesday, January 6, Aspirations celebrated New Years at BJ's at Polaris. There was a tremendous crowd (35 people) and it was great to see everyone talking with each other and making our newest members feel welcome. Special thanks to Shane Williams, who made all of the arrangements.

Events for everyone over 17 years old

Every Thursday: Aspirations Book Club

The book club meets on Thursday evenings from 7:00-8:00pm at the Gateway Barnes and Noble (upstairs). The book club is currently reading *The Secret Life of Bees* by Sue Monk Kidd.

Aspirations Guys

February meeting

February 21

4:30 -6:00 pm

Graeter's Ice Cream

2282 E. Broad Street 43209

Women of Aspirations

The Women of Aspirations group finished off 2009 with an outing to AMF Sawmill Lanes for Bowling and Pizza—there was a big crowd, and everyone had a blast! Our first meeting took place on January 10th, and we welcomed a new member to the group.

Next WoA meeting:

Sunday, February 14 from 5:00 - 6:30pm

Noodles & Company

5032 N. High St., Columbus, OH 43214

For our next outing, we plan on attending the Special Olympics basketball tournament in Columbus on February 27 or 28. Check your email for more updates from WoA.

For more information, please write WoA Coordinator Whitney Brooks at

WomenOfAspirations@gmail.com.

Aspirations Book Club

Thursdays from 7-8pm

Barnes & Noble, Second Floor

1598 N. High Street (SE Corner of High & 11th AVE)

Currently reading: *The Secret Life of Bees* by Sue Monk Kidd

For more information, please contact Renee Devlin at devlinre@yahoo.com.

Young Aspirations

We just started our third group of Young Aspirations, ages 13-17, and we will begin a Young Aspirations book club starting Saturday February 6. The book club will be meeting weekly at Borders on Sawmill from 11am-noon 6670 Sawmill Road, Columbus, OH 43235 This will be a chance for the teens to talk and hang-out weekly together in a fun, supportive environment. We are also going to have an informal group for the parents at the same time at Einstein's Bagels 6700 Sawmill Rd, Columbus, OH 43235. Special thanks to Hillary Spears, Mike Perryman, and his daughter Tessa for their hard work in making this book club come to life. Tessa is a senior in H.S. and is the sister of Travis Perryman who was in our spring 2008 Aspirations group. Tessa will be facilitating the book club with her dad Mike Perryman who is currently the Parent facilitator for Young Aspirations. For further info contact Hillary Spears at HillarySpears@gmail.com or Mike Perryman at Vperry7490@aol.com

Are you interested in learning about relationships?!

JOIN US FOR OUR NEW PROGRAM

Relate to Me!



Cost: 9weeks for \$175

Mondays 8:00 -9:00
235 Mc Campbell Hall
RSVP to Megan Feeney
meganm.feeney@gmail.com

Topics Include:

Family, Internet safety, Abuse & Advocacy
Intimate Relationships, Friends
Professionalism, Sexual Health

More Info coming soon contact Jeff for any questions

Siegel.45@osu.edu 614-292-4185

Newsletter contributions Aspirations members: This is *your* group and newsletter. We need people to write about past and upcoming events.