



Aspirations Newsletter

July 2009

News:

We still have plenty of space available for participants interested in the Relationships Discussion Group for women. See flier below for more information.

Congratulations to the following members of Aspirations:

- Shane Williams, graduate of the ACT program at Columbus State Community College.
- Peter Jones, High School graduate
- Amber Sanders, High School graduate
- Melanie Yergeau, award winner

Pictured below are members of Aspirations and the Autistic Self Advocacy Network meeting with Rep. Kevin Bacon and Rep. Ted Celeste. Congratulations to ASAN for hosting a successful event in honor of Autistic Pride Day 2009!





Aspirations Events:

July Recap

Monday, July 20th – Columbus Clippers Game v. Scranton/WB ‘Dime a Dog Night’. Meet at the ticket booth between 6:00 and 6:15pm. The game will begin at 7:05pm. Huntington Park is located on the corner of Nationwide Blvd. and Neil Ave. <http://columbus.clippers.milb.com/index.jsp?sid=t445>.

It is very important that you RSVP for this event so we can all go in together and sit near each other. Please email Alison at alisone@yatcoho.org or call 614-292-9894 to RSVP. Admission is \$6. Bring extra money (and dimes!) for snacks and beverages.

Book Club

Every Thursday 7-8pm

Gateway Barnes and Noble (upstairs). 1598 N. High St. (on the corner of E. 11th and High). The book club is currently discussing *Watchmen* by Alan Moore.

Women of Aspirations

Sunday, July 12th – Dinner at Noodles and Company, 5:00-6:30pm. 5032 N. High St. across from Graceland Shopping Center. RSVP to Hillary at spears.96@buckeyemail.osu.edu.

A big thanks goes out to Nancy Beu for hosting the WoA jewelry making party in June! Everyone had a great time!

Aspirations Guys

Wednesday, July 22nd – Dinner at Noodles and Company, 5:00-6:30pm. 5032 N. High St. across from Graceland Shopping Center. RSVP to Alison at alisone@yatcoho.org.

Aspirations: Relationships Discussion Group

Aspirations participants are invited to join Young Adult Transition Corps Members for a series of open, laid-back discussions on healthy relationships.

We will discuss topics such as:

- **Dating Etiquette**
- **Communication**
- **Maturity**
- **Self-Esteem**
- **Body Language**
- **Respect and Consent**
- **Decision Making**
- **Setting Boundaries**

Sessions for men:

Wednesday 6/10
Wednesday 6/17
From 6:00-7:30pm

Sessions for women:

Wednesday 7/1
Wednesday 7/8
From 6:00-7:30pm

If you would like to attend these discussions please contact Alison E. to register. Because of the discussion based format, we are only able to accept a limited amount of participants. Registration will be on a first come, first serve basis.

To RSVP or Register please email Alison E. at alisone@yatcoho.org or call (614) 292-9894