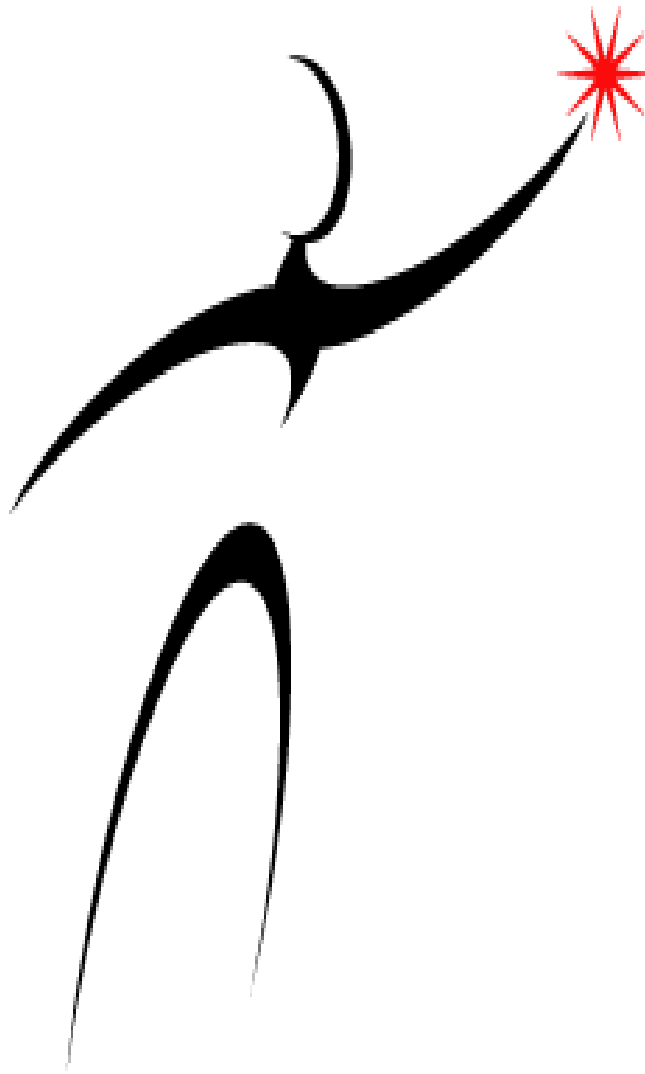


# ASPIRATIONS NEWS

HELPING YOUNG ADULTS  
WITH AUTISM SPECTRUM DISORDERS  
FIND THEIR ASPIRATIONS



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**CELEBRATE THE NEW YEAR**  
with your friends  
at the next Aspirations Reunion!



**January 2, 2007**  
**6:30-8:00pm**

**TOMMY'S PIZZA**

**1350 W. Lane Ave**  
**(North Star & Lane)**  
**486 -2969**

**Please bring money for your meal.**  
**Cost depends on what you order.**

**We will have a special presentation by "Fore Hope" –**  
**an Organization dedicated to**  
**helping individuals enjoy the game of golf.**  
**Check out their web site [www.forehope.org](http://www.forehope.org)**

**A MESSAGE FROM JEFF SIEGEL**  
**FOR THOSE WHO WENT TO THE HOLIDAY PARTY:**

“It was so nice to see so many of you at the Norris’ on Sunday, December 16 for our Holiday Party. The food was great and the company even better! We had a chance to sing both Christmas and Hanukkah songs; it was so nice to hear everyone joining in song in celebration of holiday season. A special thanks to Meagan Denny (Angela's daughter) for her meditation of the dreidel song and her assistance with the rest of the singing. Thanks also to Alex for chauffeuring people from the street to his home. What impressed me most was how well all of you interacted with each other that evening and over the past year. Ever since the Kayaking this past July and August, I have seen increased socialization in all of you and an attempt to connect with each other outside of Aspirations. With the help of Karla, Greg, Alisha, and Nick we have expanded our social network gatherings to create the Women Of Aspirations (WOA) group so that our female participants (few in numbers but large in spirit!) and our Aspirations Guys group who meet in between reunion gatherings. These individuals have greatly enhanced our program with their enthusiasm and presence. Thanks to Catherine for her support of the group and work on the Newsletters. Thanks to Tom and Pat for their continued support and Nancy's enormous efforts in facilitating both Parent support groups. Last but not least, I would like to thank Angela for her hard work as co-facilitator of the new groups, curriculum coordinator, the go-to person for vocational advice, and for being such a great person! Thanks to Megan and Brian for giving up your time to share your Wife and Mom with us!

Please remember that this is a time of miracles in all faiths, but the real miracles to happen are growing inside each of us waiting to blossom. May we all Aspire" to see our own miracles!"

## The Name Contest!



Max Lantz suggested a great name for our reunion group. The name Max suggested is **Recap!** We still hope to get some more ideas from others. If you would like to suggest a name, the deadline for name submissions is at the January's reunion. Please send your feedback on Max's idea or other name suggestions to Catherine! We'll then vote on what name to go with.

Email your ideas to:  
[catherine.white@osumc.edu](mailto:catherine.white@osumc.edu)

### CHECK OUT THE ASPIRATIONS GUY'S GROUP!

Hey guys! In case your looking for something to do after Christmas, the Aspirations Guy's group is going bowling the day after Christmas (December 26th). We will be meeting at the Columbus Square Bowling Palace at 5707 Forrest Blvd at 7PM. We will be Bowling until about 9. If you are interested reply email [nryan@yatcoho.org](mailto:nryan@yatcoho.org) or call Nick at (614) 657-0022. We hope to see you there!

### CHECK OUT THE WOMAN'S OF ASPIRATIONS (WOA) GROUP!

For their December activity, Women of Aspirations (WoA) gathered at the Border's Cafe on Thursday, December 20 to make holiday ornaments. Kelsey, Tabitha, Molly, Alisha, and Karla were all at this very fun event. This is the fourth activity WoA has done this year and they have all been a blast. We would love to see you at our next activity! If you are interested please contact Karla at 614 292 9894 or [kkmetz@yatcoho.org](mailto:kkmetz@yatcoho.org).

### Check out the Aspirations Website!

[www.AspirationsOhio.org](http://www.AspirationsOhio.org)

Aspirations has developed a new wesbsite and would like your feedback. Check out the site and contact Karla at [kkmetz@yatcoho.org](mailto:kkmetz@yatcoho.org) with any questions, suggestions, rants, or raves!